

PREFERRED PROVIDER INSURANCE LIST

AETNA-(most plans)
APPLE HEALTH
BLUE CROSS/BLUE SHIELD PLANS (INCLUDING BOEING EMPLOYEES)
BRIDGESPAN-double check each plan to make sure we are in network
CHOICE CARE NETWORK
CIGNA
CCN NETWORK
COORDINATED CARE
COMMUNITY HEALTHPLAN OF WA (CHPW)
DSHS (also known as Provider One and Apple Health)
FIRST CHOICE HEALTHPLAN
FIRST CHOICE NETWORK
FIRST HEALTH
KAISER HEALTH PPO NETWORK
KAISER HEALTH OPTIONS
HEALTH NET
HUMANA
L&I
LIFEWISE
MEDICARE
PHCS (Private Healthcare Systems Network)
PREMERA BLUE CROSS
PROVIDER ONE (also called Apple Health)
REGENCE BLUE SHIELD
SOUND HEALTH TRUST
TRICARE-standard & prime plan-MUST HAVE PRIOR AUTHORIZATION
UNITED HEALTH CARE
UNITED HEALTH CARE COMMUNITY PLAN